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*“...and if the root be holy, so are the branches...”*

#### **BASIC CANCER PROTOCOL – DAILY GUIDE**

##### **FIRST THING IN THE MORNING (7 hours since last food is best):**

[INDIUMEASE 1 MG/DROP](#) – start with 1 drop; place on the back of your tongue and swallow. Over a few days to a week can increase gradually to 1 drop/50 lb bodyweight. (NO CREATINE SUPPLEMENTS).

##### **BEST BEFORE BREAKFAST BY 15 MINUTES (but okay if you’ve eaten):**

[BETTER IMMUNITY BETA GLUCAN 400 MG](#) – 4 capsules

[IODORAL 12.5 MG](#) – start with 1 tablet every other day for one week; then 1 tablet daily. Especially where hormonal cancers are present, gradually increase by 1 tablet weekly, being sure to use the Thorne Basic Nutrients 2/Day (below) for adequate selenium. If that means you are taking 50 mg daily you can switch to a 50 mg tablet.

##### **BREAKFAST TIME:**

[BIOPHARM METHYLENE BLUE USP GRADE 1%: 0.5 MG/DROP](#) – the dose I recommend is at the lower end of the low, most effective dose. Divide your weight in pounds, and that is your weight in kg. Multiply that number by 0.5, and that is the total number of drops per day. Split that dose in two, and take ½ in the morning and ½ in the evening.

[S-ACETYL-L-GLUTATHIONE 300 MG](#) – 1 capsule

[THORNE BASIC NUTRIENTS 2/DAY](#) – 1 capsule

[BLUSHWOOD BERRY EXTRACT 500 MG](#) – 1 capsule

[ELLAGIC ACID 500 MG](#) – 1 capsule

[SULFORAPHANE POWDER](#) – 1 teaspoon

[SEEKING HEALTH OPTIMAL MAGNESIUM 150 MG](#) – 1 capsule

[PURE ENCAPSULATIONS MICRONIZED DHEA 25 MG](#) – 1 capsule for women/2 capsules for men (generally speaking) OR: [VITAL NUTRIENTS MICRONIZED DHEA 10 MG](#) – 1 or 2 capsules for women – again, here I make specific recommendation, but this is a general guideline

##### **TWICE DAILY (AM&PM) ADD TO SOME WATER, MIX, AND DRINK:**

[FORMULA C-PLUS](#) – 2 droppers (dropper will be about half full)

[LYMPHATIC SYSTEM SUPPORT](#) – 2 droppers, as above

[FORMULA ERA](#) – 1 dropper, as above (if stool becomes too loose, omit this one)

[BLACK SEED OIL](#) – 1 teaspoon

[RAW HONEY](#) – 1 teaspoon (this makes the black seed oil work better)

[LEMON JUICE](#) – 1 teaspoon (this makes some of the herbs in Formula C-Plus work better)

##### **EVENING/AFTER SUPPER/BEFORE BED:**

[S-ACETYL-L-GLUTATHIONE 300 MG](#) – 1 capsule

[THORNE BASIC NUTRIENTS 2/DAY](#) – 1 capsule

[BLUSHWOOD BERRY EXTRACT 500 MG](#) – 1 capsule

[ELLAGIC ACID 500 MG](#) – 1 capsule

[LITHIUM OROTATE 5 MG](#) – 1 capsule

[SEEKING HEALTH OPTIMAL MAGNESIUM 150 MG](#) – 1 capsule [MELATONIN POWDER 60 MG/LEVEL](#)

[SCOOP](#) – start with 1 scoop; may increase to 2 or 3, OR may take one level scoop every 8 hours

[BIOPHARM METHYLENE BLUE USP GRADE 1%: 0.5 MG/DROP](#) – 1/2 your daily dose in drops; see above

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